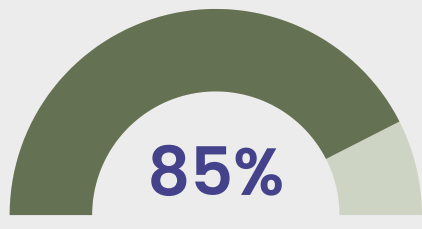
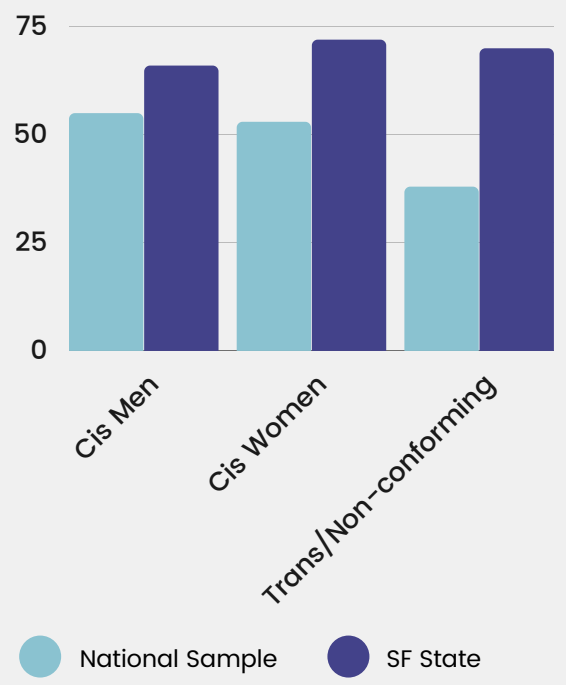


NCHA 2021 SUMMARY

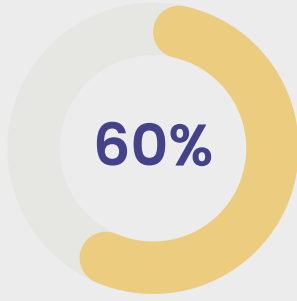


of SF State students report being in good to excellent health

PERCENTAGE OF STUDENTS THAT FEEL THEIR HEALTH AND WELL-BEING ARE PRIORITIZED ON THEIR CAMPUS

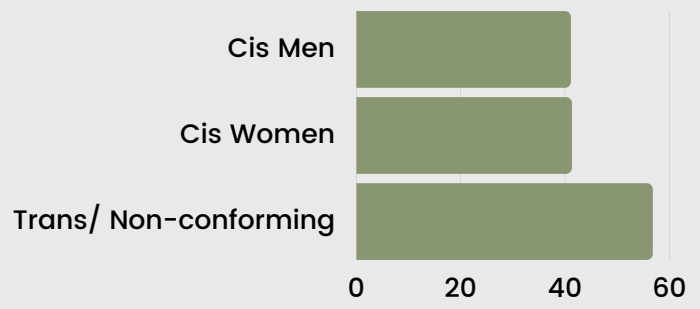
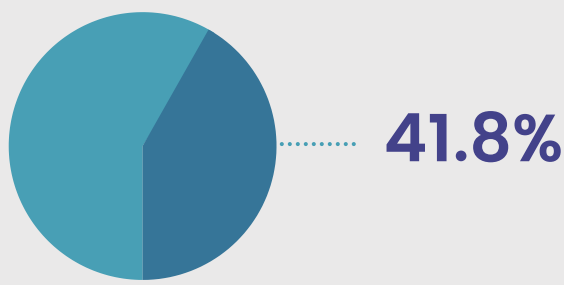


of students who engage in vaginal intercourse never use a condom or protective barrier



of students who engage in anal intercourse never use a condom or protective barrier

PERCENTAGE OF SF STUDENTS EXPERIENCING ANY FOOD INSECURITY



A large number of SF State students are deeply affected by the COVID-19 pandemic

22%



reported having loved ones die from COVID-19

28%



reported loved ones coping with long term symptoms of COVID-19

16%



reported having COVID-19

18%

reported being subjected to discriminatory or hostile behavior or exchanges due to their race/ethnicity

75%

reported their financial situation became more stressful during the COVID-19 pandemic

Mental health is the primary health challenge facing SF State students and impedes student academic success

Top 3 Stressors Reported by SF State Students



Academics



Finances



Death of a loved one

53%

of students report feeling lonely

30%

of students considered suicide at least once over the past year

2%

of students report that they likely will try to commit suicide someday

25%

of students report being diagnosed with anxiety by a healthcare provider

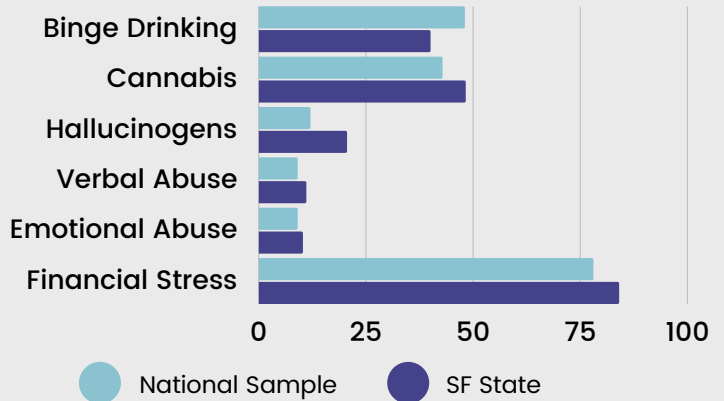
20%

of students report being diagnosed with depression by a healthcare provider

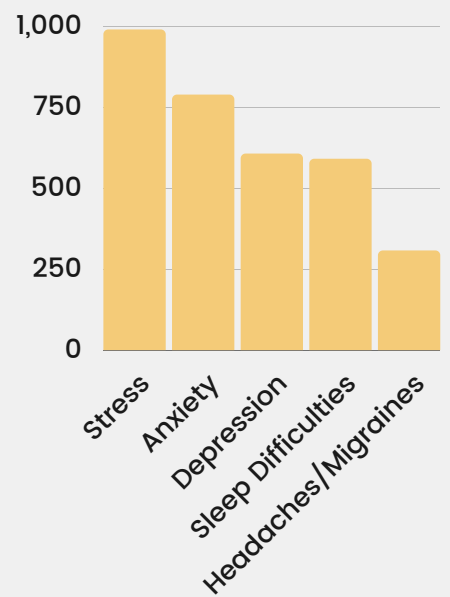
80%

of students report that they would consider seeking professional mental health help if they had a really bothersome problem

SF State Students Compared to the National Sample



TOP 5 ISSUES AFFECTING ACADEMICS



TOP 3 ISSUES THAT DELAYED PROGRESS TOWARDS A DEGREE

